



“ Fantastic, every couple should do this ”

### What others have said



“ A breath of fresh air, a renewed relationship ”

“ It has been a great day. Put our marriage back on track ”



“ Excellent material and brilliantly presented ”

“ Time well spent ”



“ I realised that our experiences are not unique and learned to appreciate our differences ”



a day together

Send registrations to:  
FamilyLife Bookings  
21 Waverley Road,  
London, E17 3LG

**familylife**  
Helping transform relationships

Tel 01753 669473  
Web [www.familylifeuk.org](http://www.familylifeuk.org)  
Email [info@familylifeuk.org](mailto:info@familylifeuk.org)

FamilyLife is a ministry of **agapé**

**allsouls**<sup>®</sup>  
LANGHAM PLACE  
[www.allsouls.org](http://www.allsouls.org)

a day together

a seminar for couples to invest in their relationship

**allsouls**<sup>®</sup>  
LANGHAM PLACE

## Spending time as a couple is one of the most significant things you can do for your relationship.

We know it's easy to let time with each other take second place to the endless list of things that 'must get done'. This is why we invite you to attend a 'a day together' seminar... a special time away to listen, laugh and learn more about each other... to talk and reconnect whatever stage of life we are in. Think of it as a relationship 'MOT'.

You will enjoy quality communicators who will present practical relationship tools based on Biblical principles, brought alive with personal stories and illustrations. There are personal application exercises and of course plenty of time to talk privately as a couple. There are NO group exercises or role plays!

Whether you're married or not, whether your marriage is solid or faltering you will leave inspired and equipped to strengthen and grow your relationship with a renewed sense of purpose and hope.



## Sessions

- 1 Communicating together:** developing a deeper understanding of each other.
- 2 Growing together:** identifying what tends to pull us apart and what helps us to grow closer.
- 3 Resolving conflict together:** managing our disagreements in a healthy way.
- 4 Loving together:** understanding each other's needs and love languages.
- 5 Moving on together:** discovering fresh ways to continue growing as a couple.

## Event details

Join us for this great one day event in January.

**Saturday 17th January 2015**

**Start:** 10.00am (registration & coffee from 9.30).

**Finish:** by 4.45pm.

**Place:** All Souls Church, 2 All Souls Place, London W1B 3DA.

**Cost:** £30.00 per couple, includes refreshments, you can buy lunch from nearby shops and cafes or bring a packed lunch.

**For more info** contact Jo Arkell. Tel: 07951 669784, Email: london@adaytogether.org

**Nursing couples** please be aware that there is no creche facility at this venue; however, nursing couples are most welcome.



## Booking info

Online registration: [www.adaytogether.org/allsouls](http://www.adaytogether.org/allsouls)

**Alternatively** complete this booking form and send it with payment to the address on the reverse side. Additional booking forms are also available to download from the above website.

### DATE OF EVENT AND VENUE

17th January 2015, All Souls Church, 2 All Souls Place, London W1B 3DA.

### HIS NAME

### HER NAME

### ADDRESS

### POSTCODE

### TEL (HOME)

### TEL (MOBILE)

### E-MAIL

**CIRCLE ONE:**  married /  unmarried /  engaged

**ARE YOU BRINGING A BABY YOU ARE NURSING?:**  yes /  no

**SPECIAL DIETARY REQUIREMENTS? Please specify....**

**Attach cheque payable to: "Agapé"**

Cost £30.00 per couple.