



“ Fantastic, every couple should do this ”

What others have said



“ A breath of fresh air, a renewed relationship ”

“ It has been a great day. Put our marriage back on track ”



“ Excellent material and brilliantly presented ”

“ Time well spent ”



“ I realised that our experiences are not unique and learned to appreciate our differences ”



a day together

Send registrations to:
FamilyLife Registrations,
21 Waverley Rd,
London E17 3LG

familylife

Helping transform relationships

Tel 01753 669473

Web www.familylifeuk.org

Email info@familylifeuk.org

a day together

a seminar for couples to invest in their relationship

FamilyLife is a ministry of **agapé**

Spending time as a couple is one of the most significant things you can do for your relationship.

We know it's easy to let time with each other take second place to the endless list of things that 'must get done'. This is why we invite you to attend a 'a day together' seminar... a special time away to listen, laugh and learn more about each other... to talk and reconnect whatever stage of life we are in. Think of it as a relationship 'MOT'.

You will enjoy quality communicators who will present practical relationship tools based on Biblical principles, brought alive with personal stories and illustrations. There are personal application exercises and of course plenty of time to talk privately as a couple. There are NO group exercises or role plays!

Whether you're married or not, whether your marriage is solid or you're struggling you will leave inspired and equipped to strengthen and grow your relationship with a renewed sense of purpose and hope.



Sessions

- 1 Communicating together:** developing a deeper understanding of each other.
- 2 Growing together:** identifying what tends to pull us apart and what helps us to grow closer.
- 3 Resolving conflict together:** managing our disagreements in a healthy way.
- 4 Loving together:** understanding each other's needs and love languages.
- 5 Moving on together:** discovering fresh ways to continue growing as a couple.

Event details

Join us for this great one day event.

Saturday 19th March 2016

Start: 10.00am (registration & coffee from 9.30).

Finish: by 4.45pm.

Place: Blackhorse Road Baptist Church, 65 Blackhorse Road, London E17 7AS.

Cost: Before March 5th, £30 per couple. From March 5th, £35 per couple. Refreshments and a buffet lunch are provided.

For more info Contact Jo Arkell on 07951 669784 or email walthamstow@adaytogether.org

Help is available if cost is an issue. Contact Jo for more info.

Nursing parents are welcome.



Booking info

Register online <http://adaytogether.org/walthamstow>

Or complete this booking form and send it with payment to the address on the reverse side.

DATE OF EVENT AND VENUE

19th March 2016, Blackhorse Road Baptist Church, 65 Blackhorse Road, London E17 7AS.

HIS NAME

HER NAME

ADDRESS

POSTCODE

TEL (HOME)

TEL (MOBILE)

E-MAIL

CIRCLE ONE:

married / unmarried / engaged

Are you bringing a baby you are nursing?

yes / no

SPECIAL DIETARY REQUIREMENTS? Please specify....

Attach cheque payable to: "Agapé"

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